



Pharmacy Update on Dose Optimization Program

Effective 07/20/2017, The Medicaid fee-for-service (FFS) program will update the Dose Optimization initiative. Dose optimization can reduce prescription costs by reducing the number of pills a patient needs to take each day. The NYS Department of Health has identified drugs to be included in this program, the majority of which have FDA approval for once-a-day dosing, have multiple strengths available in correlating increments at similar costs, and are currently being utilized above the recommended dosing frequency. Prior authorization (PA) will be required to obtain the following medication beyond the following limits:

DOSE OPTIMIZATION CHART- New Additions			
Central Nervous System			
Antipsychotics- Second Generation			
Drug Name	Dose Optimization Limitations		
Aripiprazole 5mg, 10mg, 15mg	1 daily	Tablet	In case of dose titration for these medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for three months
Rexulti 0.5mg, 1mg, 2mg	1 daily	Tablet	
Central Nervous System (CNS) Stimulants			
Drug Name	Dose Optimization Limitations		
Adderall XR 5mg, 10mg, 15mg	1 daily	Capsule	
Dextroamphetamine-Amphetamine ER 5mg, 10mg, 15mg	1 daily	Capsule	
Modafinil 100mg	1 daily	Tablet	
Selective-Norepinephrine Reuptake Inhibitors (SNRIs)			
Drug Name	Dose Optimization Limitations		
Trintellix 5mg, 10mg	1 daily	Tablet	In case of dose titration for these medications, the Department will allow for multi-day dosing (up to 2 doses/daily) for titration purposes for three months
Venlafaxine ER 37.5mg, 75mg	1 daily	Capsule	
Renal and Genitourinary			
Urinary tract Antispasmodics			
Drug Name	Dose Optimization Limitations		
Myrbetriq 25mg	1 daily	Tablet	

PA requirements are not dependent on the date a prescription is written. New prescriptions and refills on existing prescriptions require PA even if the prescription was written before the date the drug was determined to require PA.

To obtain a prior authorization (PA), please call the prior authorization Clinical Call Center at 1-877-309-9493. The Clinical Call Center is available 24 hours per day, 7 days per week with pharmacy technicians and pharmacists who will work with you, or your agent, to quickly obtain PA.

Below is a link to the most up-to-date information on the Medicaid FFS Pharmacy Prior Authorization (PA) Programs, including the Dose Optimization initiative. This document contains a full listing of drugs subject to the Medicaid FFS Pharmacy Programs:

https://newyork.fhsc.com/downloads/providers/NYRx_PDP_PDL.pdf